



Rasa Hampir dengan Allah.

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iMAN+

INTERACTIVE WEBINAR





Technology

The technology that connects us also
controls, manipulates, distracts and divides us.



Spiritual Alzheimer

How do we go through day after day with the hustle and bustle of work, the buzz of social media, and the overall business of our daily life? All of this causes us to subconsciously have spiritual alzheimer.

It is when we feel that our religion is only from an external angle. It is when we can no longer understand what religion means to us, what faith means to us, what taqwa means to us and what our daily prayers mean to us.

**‘When only the body is worshipped’
- Imam al-Ghazali**

We bow down and prostrate before Allah,
but later we do not remember our prayer,
we forget about the surah and verses we utter.

أَهْلَكُمْ التَّكَاثُرُ ○ حَتَّى زُرْتُمُ الْمَقَابِرَ ○

Competition in [worldly] increase diverts you.
Until you visit the graveyards.

[Surah At-Takathur, 102: 1-2]



***Lahw* - Entertainment**

Causes someone to be busy, **as his attention becomes distracted from something major.**

For instance, when someone listens to music his attention is only focused on the music instead of the environment or situation that he is in.



Three things that are in 'At-Takathur'

1. The desire to get as much as possible
2. Competition to get as much as possible
3. Be proud of what you are given

أَعْلَمُوا أَنَّمَا الْحَيَاةُ الدُّنْيَا لَعِبٌ وَلَهُمْ زِينَةٌ وَتَفَاخُرٌ بَيْنَكُمْ وَتَكَاثُرٌ فِي
الْأَمْوَالِ وَالْأَوْلَادِ كَمَثَلِ غَيْثٍ أَعْجَبَ الْكُفَّارَ نَبَاتُهُ ثُمَّ يَهَيِّجُ فَتَرَاهُ مَصْفَرًّا
ثُمَّ يَكُونُ حُطَمًا وَفِي الْآخِرَةِ عَذَابٌ شَدِيدٌ وَمَغْفِرَةٌ مِّنَ اللَّهِ وَرِضْوَانٌ
وَمَا الْحَيَاةُ الدُّنْيَا إِلَّا مَتَاعُ الْغُرُورِ

Know that the life of this world is but amusement and diversion and adornment and boasting to one another and competition in increase of wealth and children - like the example of a rain whose [resulting] plant growth pleases the tillers; then it dries and you see it turned yellow; then it becomes [scattered] debris. **And in the Hereafter is severe punishment and forgiveness from Allah and approval. And what is the worldly life except the enjoyment of delusion.**

[Surah Al-Hadid, 57: 20]

وَالْعَصْرِ ﴿١﴾
إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ ﴿٢﴾
إِلَّا الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا بِالصَّبْرِ ﴿٣﴾

**By the time, indeed, mankind is loss,
Except for those who have believed and
done righteous deeds and advised each
other to truth and advised each other
to patience.**

[Surah Al-'Asr, 103: 1-3]



Ramadan as *Madrakah*

It is a period, a process and a ritual that people go through until they leave the *Madrakah* and become a developed student and a clean soul who has a new character.

Therefore, **Ramadan is a space for us to reconstruct our spirituality, our social development, our physical and emotional well-being.**

يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ
كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

O you who have believed, decreed upon you is fasting
as it was decreed upon those before you
that you may become righteous.

[Al-Baqarah, 2: 183]



Taqwa

To be conscious of Allah in everything that we do in our daily life.

1. **Protection** from doing things that violates Allah's commandments.
2. **Awareness** - We are aware of what we say and do.



Taqwa
HAMKA

From the word *wiqayah* which means to maintain.

- Maintain a good relationship with Allah SWT
- Do not be involved in activities He does not approve of
- Maintain all His orders so that they can be carried out
- Do not go to places that are filled with mud and thorns
(be conscious of where you are heading)



Taqwa

'Abdullah bin Mas'ud R.A

Taqwa is that you always remember Allah SWT and do not forget him.

Obey and not disobey.

Grateful and do not deny.



People of *Taqwa* in The Qur'an

وَمَنْ يُطِيعِ اللَّهَ وَرَسُولَهُ وَيَخْشَ اللَّهَ وَيَتَّقِهِ فَأُولَٰئِكَ هُمُ الْفَائِزُونَ

And whoever obeys Allah and His Messenger and fears Allah and is conscious of Him - it is those who are the attainers.

[Al-Nur, 24: 52]

وَأَنْجَيْنَا الَّذِينَ ءَامَنُوا وَكَانُوا يَتَّقُونَ

And We saved those who believed and used to fear Allah.

[Al-Naml, 27: 53]

إِنَّ اللَّهَ مَعَ الَّذِينَ اتَّقَوْا وَالَّذِينَ هُمْ مُحْسِنُونَ

Indeed, Allah is with those who fear Him and those who are doers of good.

[Al-Nahl, 16: 128]

وَيَرْزُقُهُ مِنْ حَيْثُ لَا يَحْتَسِبُ ۚ وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ ۗ
إِنَّ اللَّهَ بَلِغُ أَمْرِهِ ۗ قَدْ جَعَلَ اللَّهُ لِكُلِّ شَيْءٍ قَدْرًا

And will provide for him from where he does not expect.

**And whoever relies upon Allah -
then He is sufficient for him.**

Indeed, Allah will accomplish His purpose.

**Allah has already set for everything
a [decreed] extent.**

[Al-Talaq, 65: 3]



How Ramadan Builds *Taqwa*?

1 | *Sawm* - Refrain

We feel things that are physical like hunger and thirst. However, hunger and thirst form an awareness.

For example, **we have to be aware of what we see, what we do and what we say.**

We have to refrain from all that to build taqwa.



How Ramadan Builds *Taqwa*?

2 | *Uzlah* - Reflection space

Where we live a life full of distraction such as being consumed by the likes and views on our social media and feeling not enough as we crave praise from strangers.

This is when **we need to sit alone for a while and reflect on what really matters**, because at the end of the day those 'likes and praises' from other people will not get us anywhere.



ASK YOURSELF

Who am I?

.....

How is my relationship and attitude towards Allah?

.....

How about my prophets, my parents, my teachers and my friends?

.....